

Ellen Augustine Schwartz

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About the Author

Ellen Schwartz is Executive Director of Invest in Kids, which she founded in 1998 to provide scholarships and mentors to low-income, at-risk youth. She is a recipient of the Thread of Hope Award and the Women of Achievement Community and Human Services Award.

Suzanne Stoddard teaches English and Citizenship at Contra Costa Community College and donates many hours to community service, mentoring young people, and grant-writing for Invest in Kids.

About the Book

Reveals the profound impact of the global corporate economy on our daily lives. Taking Back our Lives includes 75 immediate and long-term Action Steps for empowering ourselves both individually and as a society. Offers specific tips, ideas, and resources on how to pare down our lives and open up our time. Provides questions for reflection that help readers to think in new ways about what matters most to them

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